



Twilight Meet - 3 - May 14, 2026 - 4:30 PM to 8:00 PM

Gordie Howe Sports Complex - Track

### Officials & Volunteers

<b>GATE - MG</b>	<b>Long Jump - NW - EH / BETH / SCS</b>	<b>Track Marshalls - STJ x 3</b>
<b>Announcer - CENT</b>	<b>Long Jump - SE - WM x2 / ECF</b>	<b>Track Judge - EDF / TD / HC</b>
	<b>Discus - MR x 3</b>	<b>Javelin (SOUTH) - HC / BJM x2</b>
		<b>High Jump - AB x 3</b>
<b>Starter - SSSAD Assigned</b>		

### Events

<b>100 M</b>	<b>All Categories</b>	<b>Long Jump</b>	<b>Boys Only</b>
<b>400 M</b>	<b>All Categories</b>	<b>Discus</b>	<b>Girls Only</b>
<b>1500 M</b>	<b>All Categories</b>	<b>Javelin</b>	<b>Boys Only</b>
		<b>High Jump</b>	<b>Girls Only</b>

### Rolling Schedule - All Times are Approximate

Track			Field					
Time	Category	Event	Time	Event				
				LJ - NW Pit	LJ - SE Pit	Discus	Javelin (S)	High Jump
4:30 PM	IG	100 M						
	IB	100 M	4:30 PM	IB	IB	IG	IB	IG
	JG	100 M	5:00 PM					
	JB	100 M	5:30 PM			JG	JB	JG
	SG	100 M	6:00 PM	JB - 1	SB - 1			
	SB	100 M	6:30 PM			SG	SB - 1	SG
5:45 PM	IG	400 M	7:00 PM					
	IB	400 M	7:00 PM	JB - 2	SB - 2		SB - 2	
	JG	400 M						
	JB	400 M						
	SG	400 M	IG/JG/SG	1.25 M	1.35 M	1.40 M	1.45 M	1.50 M
	SB	400 M	IB	1.40 M	1.45 M	1.50 M	1.55 M	1.60 M
6:45 PM	IG	1500 M	JB/SB	1.50 M	1.55 M	1.60 M	1.65 M	1.70 M
	IB	1500 M						
	JG	1500 M						
	JB	1500 M						
	SG	1500 M						
	SB	1500 M						