



**Twilight Meet - 4 - May 19, 2026 - 4:30 PM to 7:30 PM**

**Gordie Howe Sports Complex - Track**

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**Gordie Howe Sports Complex - Track**

**Officials & Volunteers**

|                                   |   |   |
|-----------------------------------|---|---|
| <b>GATE - HC x2</b>               | <b>Track Judges - EH / BR / STJ / EDF x 2</b> | <b>Triple Jump - NW Pit - WM / SCS x 2</b>      |
| <b>Announcer - BETH</b>           | <b>High Jump - AB x3</b>                      | <b>Triple Jump - SE Pit - TD / EDF / MG x 2</b> |
| <b>Track Marshalls - BETH x 3</b> | <b>Discus - CENT x 3</b>                      | <b>Pole Vault - HC / TD x 2</b>                 |
| <b>Starter - SSSAD Assigned</b>   | Amber Rollack                                 |   |

**Events**

|                           |                |                    |                |
|---------------------------|----------------|--------------------|----------------|
| <b>Hurdles</b>            | All Categories | <b>Triple Jump</b> | All Categories |
| <b>200 M</b>              | All Categories | <b>Discus</b>      | Boys Only      |
| <b>Relays - 4 x 100 M</b> | OneTeam/School | <b>High Jump</b>   | Boys Only      |
|                           |                | <b>Pole Vault</b>  | All Categories |

**Rolling Schedule - All Times are Approximate**

| Track          |          |           | Field    |             |             |        |           |            |
|----------------|----------|-----------|----------|-------------|-------------|--------|-----------|------------|
| Time           | Category | Event     | Time     | Event       |             |        |           |            |
|                |          |           |          | TJ - NW Pit | TJ - SE Pit | Discus | High Jump | Pole Vault |
| <b>4:30 PM</b> | IG       | Hurdles   |          |             |             |        |           |            |
|                | JG       | Hurdles   | 4:30 PM  | IG          | IB          | JB     | IB        | IG/JG/SG   |
|                | SG       | Hurdles   | 5:00 PM  |             |             |        |           |            |
|                | IB       | Hurdles   | 5:30 PM  | JG          | JB          | SB     | JB        |            |
|                | JB       | Hurdles   | 6:00 PM  |             |             |        |           | IB/JB/SB   |
| <b>5:30 PM</b> | SB       | Hurdles   | 6:30 PM  | SG          | SB          | IB     | SB        |            |
|                | IG       | 200 M     | 7:00 PM  |             |             |        |           |            |
|                | IB       | 200 M     |          |             |             |        |           |            |
|                | JG       | 200 M     |          |             |             |        |           |            |
|                | JB       | 200 M     |          |             |             |        |           |            |
|                | SG       | 200 M     | IG/JG/SG | 1.25 M      | 1.35 M      | 1.40 M | 1.45 M    | 1.50 M     |
|                | SB       | 200 M     | IB       | 1.40 M      | 1.45 M      | 1.50 M | 1.55 M    | 1.60 M     |
| <b>6:30 PM</b> | IG       | 4 x 100 M | JB/SB    | 1.50 M      | 1.55 M      | 1.60 M | 1.65 M    | 1.70 M     |
|                | IB       | 4 x 100 M |          |             |             |        |           |            |
|                | JG       | 4 x 100 M |          |             |             |        |           |            |
|                | JB       | 4 x 100 M |          |             |             |        |           |            |
|                | SG       | 4 x 100 M |          |             |             |        |           |            |
|                | SB       | 4 x 100 M |          |             |             |        |           |            |